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GrayInstitute

Live Function Seminars



4 great seminars
close to home –
in Bethlehem, PA!

CEU's available

The Medical Careers Institute
at COORDINATED HEALTH
2300 Highland Ave.
Bethlehem, PA 18020

*Register early
space is limited!*

Seminar 1 **November 7, 2009**
Functional Foot and Ankle

Registration Deadline October 16, 2009

Seminar 2 **January 23, 2010**
Functional Hip

Registration Deadline December 31, 2009

Seminar 3 **April 10, 2010**
Functional Thoracic Spine

Registration Deadline March 19, 2010

Seminar 4 **June 5, 2010**
Functional Shoulder

Registration Deadline May 14, 2010

All Seminars **Saturdays**
8 am to 5 pm

\$279 per seminar

Contact us for seminar package deals!
late registration fee \$20 | CEU's Available



2300 Highland Ave., 2nd Floor | Bethlehem, PA 18020

phone **610-868-8606** | fax **610-868-8607**

www.themedicalcareersinstitute.com

email **info@themedicalcareersinstitute.com**

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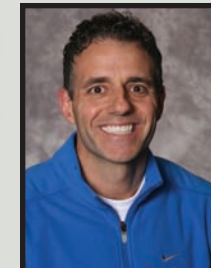
What is Applied Functional Science?

Applied Functional Science is the convergence of Physical Sciences, Biological Sciences, and Behavioral Sciences that consists of the Principles-Strategies-Techniques process for functional assessment, training and conditioning, rehabilitation, and injury prevention that is practical for any and all individuals regardless of age or ability.

Applied Functional Science is based on scientific truths that serve as the foundation of the process. These principles, integrated with neuromusculoskeletal Chain Reaction™ biomechanics, lead to powerful strategies that guide the decision-making process.

Applied Functional Science strategies are employed to properly and successfully manage transformational environments, utilizing effective and efficient techniques for desired purposes.

Lenny Parracino, CMT, FAFS



Lenny is a former author, hands-on instructor, and clinician for *The National Academy of Sports Medicine*. Currently he serves as a faculty member of the *Gray Institute of Applied Functional Science*. He has spent over 20 years serving the health industry as an international lecturer, soft-tissue therapist, and movement

therapist. Lenny has performed over 200 lectures, has written educational materials and consulted/lectured for organizations such as: *The National Academy of Sports Medicine, Perform Better, PTontheNet.com, Cooper Clinic* in Dallas Texas, *Tennis Clubs of America University, IDEA World Health and Fitness Conference, 24 Hour Fitness, and Sports Club Company*, as well as other fitness, educational and medical facilities around the world. Lenny has earned his degree in Health Science, is a Fellow of Applied Functional Science, holds a California certification/ license to practice soft tissue therapy and is a certified provider of the medically patented *Active Release Techniques®*. As a full-time therapist, he integrates an eclectic approach of soft-tissue therapy and movement conditioning at *Kinetic Conditioning Institute* in Montrose, California.

Innovative one-day seminars providing participants with essential principles, strategies and techniques of Applied Functional Science. This seminar encourages direct participation and interaction between the instructor and participants to enhance the ability to assess and address client/patient function. During this course you will learn a principle-based approach to creating strategies for assessment/testing, prevention, training and rehabilitation to facilitate improved functional thresholds.

Seminar 1

November 7, 2009
 registration deadline 10/16/09

Functional Foot and Ankle

- A principle, strategy, technique process for the foot/ankle complex
- Over 50 new foot/ankle techniques for all levels of patient/client
- The science of "Tweakology" therefore empowering you to expand all techniques into specific applications

Seminar 2

January 23, 2010
 registration deadline 12/31/09

Functional Hip

- Learn to appreciate the hips as a potential cause and/or compensation of many body dysfunctions
- Over 50 new hip techniques for all levels of patient/client
- Exploration of assessing and designing solutions for the hip and it's whole body functional influence

Seminar 3

April 10, 2010
 registration deadline 3/19/10

Functional Thoracic Spine

- Learn to appreciate how the thoracic spine dictates much of the function to the rest of the body and may be the cause of pain in other areas
- Gain a greater understanding of the function of the thoracic spine, how the thoracic spine integrates with the entire kinetic chain

Seminar 4

June 5, 2010
 registration deadline 5/14/10

Functional Shoulder

- Over 50 new shoulder techniques for all levels of patient/client
- Gain a greater understanding of the function of the shoulder complex
- Learn how to gradually reduce instability while maintaining mobility

All seminars Saturdays, 8am - 5pm | register early | limited space available
\$279 per seminar | contact us for package deals! | \$20 late registration fee



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Live Function Seminars REGISTRATION

REGISTER EARLY | SPACE IS LIMITED | **\$279.00 PER SEMINAR** | CALL FOR PACKAGE DEALS | \$20 LATE REGISTRATION FEE
 Functional Foot & Ankle (deadline 10/16/09) Functional Hip (deadline 12/31/09) Functional Thoracic Spine (deadline 3/19/10) Functional Shoulder (deadline 5/14/10)

Name _____ Profession _____
 Address Home Business _____
 Phone _____ Fax _____ email _____
 Exp. Date _____
Payment Method Check (enclosed-made out to Coordinated Health) Credit Card # _____

Mail registration and payment to: **MCI@CH, 2300 Highland Avenue, Bethlehem, PA 18020**
 fax to **610-868-8607** | download off website at www.themedicalcareersinstitute.com
 Questions? **610-868-8606** | email info@themedicalcareersinstitute.com

All cancellations must be submitted with written notice and received 21 days prior to the course date. Refunds will be issued minus the deposit fee of \$100 until 21 business days prior to the course date. A full course refund will be issued if The Medical Careers Institute @ Coordinated Health (MCI@CH) cancels the course. MCI@CH will not be responsible for any participant expenses other than course tuition refund for course cancellations.