

Live Function Shoulder and Lumbar

Live Function: Shoulder and Lumbar Spine

Presented by

GrayInstitute

Two-Day Accredited Course

For P.T., P.T.A, O.T., ATC

Oct 2-3 2010

AthletiCare - Mercy Ambulatory Care Center
3669 Southwestern Blvd
Orchard Park, NY

Hosted by



Course Overview:

The seminar will provide essential principles, strategies and techniques of Applied Functional Science. This seminar encourages direct participation and interaction with the instructor and participants to enhance the ability to assess and address client/patient function. You will learn a principle based approach to creating strategies for assessment/testing, prevention, training and rehabilitation to facilitate improved functional thresholds. This class is designed for all health professional and applies to all client/patient populations.

Course Objectives:

This course conveys each topic functionally and biomechanically. Participants will be empowered with a "principle-strategy-technique" process on all topics. Functional principles characterized to the attendees consists of: thresholds, individuality, reactive anatomy, traditional anatomy, and integration. Strategies will be demonstrated by showing processes that allow patients/clients to reach obtainable goals. The strategies are achieved with the use of over 50 new techniques that will be introduced for each topic, as well as exposure to the science of "tweakology" to expand on the techniques shown.

Functional Lumbar Sat Oct 2, 2010 Functional Shoulder Sun Oct 3, 2010

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| 7:30 am | Registration |
| 8:00 - 9:30 am | Principles of function applied to lumbar spine / shoulder |
| 9:30 - 10:00 am | Strategies of function applied to lumbar spine/shoulder |
| 10:00 - 10:15 am | BREAK |
| 10:15 - 12:00 pm | Technique Lab |
| 12:00 - 1:00 pm | LUNCH |
| 1:00 - 2:45 pm | Technique Lab |
| 2:45 - 3:00 pm | BREAK |
| 3:00 - 4:00 pm | Technique Lab |
| 4:00 - 5:00 pm | Putting it all together... Program design |
| 5:00 - 5:30 pm | Questions, answers, review |

Register Early Space is Limited!
Mail Registration/payment to address below

Send a check for \$ 400 (\$ 425 after 9/2/10)
payable to "Catholic Health" Mail with this
form to: Partners In Rehab
550 Orchard Park Rd. Bldg C
West Seneca, NY 14224

Name_____

Title_____

Address_____

Phone:(____)_____

Email_____

Live Function Shoulder / Lumbar
is approved for 15 NYS CE hours

For more information;
Contact Tom Coleman
716.558-5154 or
email tc Coleman@chsbuffalo.org