



CHAIN REACTION®

2-DAY LIVE EXPERIENCE

You are cordially invited to join Dr. Gary Gray and Doug Gray in this two-day live experience that will empower you - the movement practitioner - to better serve and enhance the lives of your patients and clients in the areas of analysis, rehabilitation, training, and prevention.

Chain Reaction®, now into its 31st year, is internationally acclaimed, as well as recognized as the longest running and most successful seminar in the Movement Industry! Chain Reaction® presents real-life, functional application to Mobility / Flexibility and Stability / Strength. Beginning with a solid understanding of Applied Functional Science® (AFS), this seminar educates and equips you with content pertaining to the three-dimensional interaction of the primary joint complexes of the body and how to strategically leverage principle-based techniques for any function, any individual, and any purpose.

Whether you have attended Chain Reaction® in the past or this is your first opportunity, this truly is an engaging experience that you do not want to miss, as it will be pivotal to your professional advancement and the functional advancement of your patients and clients.

PROFESSIONALS INVITED

Chain Reaction® is designed for any and all practitioners in the Movement Industry, those who want the absolute best for their patients' and clients' needs, wants, and goals. Professionals include, but are not limited to, the following: Physical Therapists, Physical Therapy Assistants, Personal Trainers, Strength and Conditioning Coaches, Physicians, Chiropractors, Athletic Trainers, Osteopaths, Occupational Therapists, and Coaches (of any level and of any sport / activity).

CONTACT HOURS / CEUs

Applications for approval have been sent to a number of professional organizations, including ProCert (a division of the FSBPT), NSCA, ACE, NASM, AFAA, and ACSM. Please be sure to view Gray Institute's website for updated information on Contact Hours / CEU's. Please note, too, that Gray Institute is able to supply participants with specific information pertaining to this seminar if the participants would like to petition for Contact Hours / CEU's in any organization that is not pre-approved.

ITINERARY

Day 1

07:30 AM - 08:00 AM: Registration
08:00 AM - 12:00 PM: AFS Topics, Strategies for Application, & Case Studies
12:00 PM - 01:30 PM: Lunch (On Own)
01:30 PM - 06:00 PM: AFS Topics, Strategies for Application, & Case Studies

Day 2

08:00 AM - 12:00 PM: AFS Topics, Strategies for Application, & Case Studies
12:00 PM - 01:30 PM: Lunch (On Own)
01:30 PM - 06:00 PM: AFS Topics, Strategies for Application, & Case Studies

REGISTRATION

You may register online at www.GrayInstitute.com or you may call Gray Institute® at 866.230.8300 / 517.266.4653. Please register early. Please also obtain registration confirmation prior to making travel arrangements. Confirmation of registration and receipt for tuition will be sent to you via email. A \$50 Cancellation Fee does apply.

DATES AND LOCATIONS

SPRING 2019

APRIL 27-28 (SATURDAY-SUNDAY) - CHICAGO, IL
Donald E. Stephens Convention Center
5555 North River Road, Rosemont, IL 60018

MAY 18-19 (SATURDAY-SUNDAY) - JEFFERSON, LA
Oschner Therapy & Wellness; Elmwood Clinic
1201 South Clearview Parkway, Building B, First Floor
Jefferson, LA 70121

*List of Hotels in Respective Areas Provided
in Registration Confirmation Email.*

FALL 2019

SEPTEMBER 7-8 (SATURDAY-SUNDAY) - SEATTLE, WA
DoubleTree, Seattle Airport
18740 International Boulevard, Seattle, WA 98188

SEPTEMBER 28-29 (SATURDAY-SUNDAY) - CHICAGO, IL
Donald E. Stephens Convention Center
5555 North River Road, Rosemont, IL 60018

OCTOBER 5-6 (SATURDAY-SUNDAY) - ANNVILLE, PA
Lebanon Valley College
101 North College Avenue, Annville, PA 17003

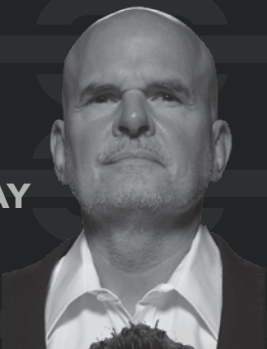
OCTOBER 26-27 (SATURDAY-SUNDAY) - SAN DIEGO, CA
Catamaran Resort Hotel & Spa
3999 Mission Boulevard, San Diego, CA 92109

**LIVE
EXPERIENCE
\$595**
(eBook Included)

HOSTS AND PRESENTERS

NEW LOCATIONS IN LOUISIANA & PENNSYLVANIA

DR. GARY GRAY
PT, FAFS



Gary is referred to as the "Father of Function" and the leading pioneer and authority in human movement analysis, rehabilitation, training, and prevention. He is highly respected as a physical therapist, trainer, coach, author, mentor, and successful inventor. With over 40 years of experience, Gary has transformed his physical, biomechanical, and behavioral understanding of the body into the most empowering performance-enhancement, injury prevention, and rehabilitation applications. His passion for education and sharing, along with his desire and innovation, allows him to translate the complexities of human function into simple, effective techniques. Through the power of Applied Functional Science®, Gary's goal is to enhance the lives of movement professionals and the lives of those they treat and train. Gary serves as the CEO and Chief Content Creator of Gray Institute® and GIFT (Gray Institute for Functional Transformation), as well as the Creator, Founder, and CEO of Free2Play® (Free2Play Academy, Inc.), a dynamic 501(c)(3) organization utilizing movement to transform the lives of children across the world.

DOUG GRAY
FAFS, FMR,
NG360° GPS,
CAFS, 3DMAPS



Doug is an accomplished businessman, entrepreneur, national lecturer, author, coach, trainer, and athlete with a deep understanding of and experience in Applied Functional Science®. He has worked extensively with coaches, trainers, therapists, professional athletes, children, and parents. He has participated in the development, production, and delivery of numerous seminars, lectures, workshops, and videos / DVDs dealing with functional prevention, rehabilitation, and performance enhancement, including the 3D Matrix Performance Series. Furthermore, he has pioneered in the extensive development and publishing of Applied Functional Science® Nomenclature. Doug serves the Gray Institute® as President, and as Director and Faculty of GIFT (Gray Institute for Functional Transformation), is co-lecturer for Chain Reaction® (renowned seminar series), and also serves as a principal Member / Officer of Free2Play® (Free2Play Academy, Inc.), a dynamic 501(c)(3) organization utilizing movement to transform the lives of children across the world.



www.grayinstitute.com



5353 West US 223 Suite B Adrian, MI 49221



866.230.8300 / 517.266.4653

GRAY INSTITUTE[®].COM

The Source. Your Source...

APPLIED FUNCTIONAL SCIENCE[®] TOPICS

PRACTICAL APPLICATION & CASE STUDIES

APPLIED FUNCTIONAL SCIENCE[®]

PHYSICAL, BIOLOGICAL,
& BEHAVIORAL PRINCIPLES

3D MOVEMENT
ANALYSIS / ASSESSMENT

TRADITIONAL TECHNIQUES
VS. FUNCTIONAL TECHNIQUES

3D MOVEMENT
ANALYSIS / ASSESSMENT

6 VITAL TRANSFORMATIONAL ZONES
/ CHAIN REACTIONS

CHAIN REACTION[®]
BIOMECHANICS OF THE
FOOT / ANKLE

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES

CHAIN REACTION[®]
BIOMECHANICS OF THE HIP

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES

CHAIN REACTION[®]
BIOMECHANICS OF THE KNEE

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES

CHAIN REACTION[®]
BIOMECHANICS OF THE
THORACIC SPINE

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES

CHAIN REACTION[®]
BIOMECHANICS OF THE
LUMBAR SPINE

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES

CHAIN REACTION[®]
BIOMECHANICS OF THE
CERVICAL SPINE

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES

CHAIN REACTION[®]
BIOMECHANICS OF THE
SHOULDER / ELBOW / WRIST

MOBILITY / FLEXIBILITY
& STABILITY / STRENGTH STRATEGIES



www.grayinstitute.com



5353 West US 223 Suite B Adrian, MI 49221



866.230.8300 / 517.266.4653